|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1. Course title: **Visiting trainings I. (Handball)** | | | | | |
|  | | | | |
| 2. Code: | | 3. Type (lecture, practice etc.): practice | | | |
|  | | | | |
| 4. Contact hours: 2 hoursper week | | 5. Number of credits (ECTS): 2 | | | |
|  | | | | |
| 6. Preliminary conditions (max. 3): | | | | | |
|  | | | | |
| 7. Announced:fall semester, spring semester, both | | | | | |
|  | | | | |
| 8. Limit for participants: | | | | | |
|  | | | | |
| 10. Responsible teacher (faculty, institute and department):Gábor Kovács (PSN Zrt., PVSE) | | | | | |
| **Balázs Meszler** | | | | |
| 11. Teacher(s) and percentage: | | Róbert Paic | | 25% | |
| Gergely Szappanos | | 25% | |
| Contrybutory teachers, coaches | | 50% | |
|  | |  | |
|  | |  | |
|  | | | | |
| 12. Language:English | | | | | |
|  | | | | |
| 13. Course objectives and/or learning outcomes:  Course objectives: The main object is to demonstrate practical, theoretical, physical, psychological and teaching methods during handball practices. It gives an overview of the duties of handball coaches, communication with parents and children. It also gives knowledge about technical, tactical, physical and intellectual development of basketball players.  **Learning outcomes:** Students must be able to recognize, and design certain parts of the training.  Students must be familiar with the pedagogic, sociologic, and psychological background of the coach’s work, furthermore, they must be able to recognize and identify those features. | | | | | |
|  | | | | |
| 14. Course outline   1. week: Course assumptions. 2. week: Observing the basic rules before the opening of the train. 3. week: The significance of the warm-up. Description! 4. week: Monitoring the warm-up games (handball specific ones). 5. week: Teaching observation. 6. week: Observing the main part of handball training – technique 7. week: Observing the main part of handball training – tactic 8. week: Observing the games in the main part of the training. 9. week: The role and significance of ‘cool down’. Description. 10. week: Observing the basic educational principals on trainings. 11. week: Psychological factors on the trainings. 12. week: Analyzing a training with paying attention to the technical performance. 13. week: Comparing, and concluding the observed trainings. | | | | | |
|  | | | | |
| 15. Mid-semester works   1. week: Visiting a county or an NB2 team’s training. 2. week: Visiting a county or an NB2 team’s training. 3. week: Visiting a county or an NB2 team’s training. 4. week: Visiting a county or an NB2 team’s training. 5. week: Visiting a county or an NB2 team’s training. 6. week: Visiting a county or an NB2 team’s training. 7. week: Visiting a county or an NB2 team’s training. 8. week: Visiting a county or an NB2 team’s training. 9. week: Visiting a county or an NB2 team’s training. 10. week: Visiting a county or an NB2 team’s training. 11. week: Test | | | | | |
|  | | | | |
| 16. Course requirements and grading  a./ Visit 10 practices in adult men or women county or NB2 teams: 30%  b./ Submitted papers (2): 35%  c./ Written exam: 35%  Grades:  0–50% fail  51–65% acceptable  66–75% average  76–90% good  91–100% excellent | | | | | |
|  | | | | |
| 17. List of readings   1. IHF Official Handball Rules 2016. International Handball Federation, 2. Zoltán Marczinka (2015). Playing Handball, Trio, Budapest | | | | | |
|  | | | | |
| 18. Recommended texts, further readings | | | | | |
|  | | | | |
| **Date** | 05/05/2017 | **Prepared by** | **Robert PAIC** | | |
| responsible teacher | | |
|  | | | | |
| **Endorsed by** | | |  | | |
| Dr. Márk VÁCZI program supervisor | | |