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| 1. Course title: **Sport theory and practice IV. (Handball)** | | | | | |
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| 2. Code: | | 3. Type (lecture, practice etc.): lecture | | | |
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| 4. Contact hours: 2 hoursper week | | 5. Number of credits (ECTS): 2 | | | |
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| 6. Preliminary conditions (max. 3):   * **Sport theory and practice III. (Handball)** | | | | | |
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| 7. Announced:fall semester,  spring semester,  both | | | | | |
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| 8. Limit for participants: 30 | | | | | |
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| 10. Responsible teacher (faculty, institute and department):  Robert Paic (Faculty of Science, Institute of Sport Sciences and Physical Education, Department of Sport Theory and Sport Management) | | | | | |
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| 11. Teacher(s) and percentage: | | Robert Paic | | 100 % | |
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| 12. Language:English | | | | | |
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| 13. Course objectives and/or learning outcomes:  Objectives: Knowledge of tactical elements’ systematization, subdivision used in handball, and phase of offense and defence.  The sport’s basic offensive and defensive tactical elements acquirement and the knowledge of teaching them.  Learning outcomes: The different offensive systems, basic set-ups and use of tactics according to the opponent’s defensive set-ups. The different defensive systems, basic set-ups and use of tactics according to the opponent’s offensive set-ups. | | | | | |
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| 14. Course outline   1. Requirements and the semesters procession review. The previous semester technical and tactical elements review. Game. 2. The handballs tactics division, systematization. The offense and defence tactical movements’ preparatory games. 3. The offense tactics against disorganised defence. Quick counterattack, as an individual, as a grouped, and as a team. 4. The individual tactical elements of offense: offense standing flavour, and scope of duties. Standing loyal offense. 5. The offense tactical elements as a team. Pulling, standing changes, entry pass. Standing changing game. 6. The offense team tactics elements. Offense systems: standing keeping, standing changing and mixed offense set-ups 7. Written test: test-paper 1.: Offense tactical elements. Representation. 8. The tactics of defence. Quick restore as an individual, as a group, as a team. 9. Player catch defence: whole field and half field, and on goal dangerous places. 10. Territory defence: as 6:0 standing: process and teaching. 11. Territory defence: as 5:1 and as 3:2:1 standing: process and teaching. 12. Mixed defence: as 5+1 an 4+2 standing working and teaching. 13. Written test: test paper 2.: Defence tactical elements. Representation. Correction and substitution. Semester rating. | | | | | |
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| 15. Mid-semester works   1. written test 1. Practical presentation. 2. Written test. Practical demonstration. 3. practical presentation, handing in the dissertation (youth age-group) 4. Practical demonstration. | | | | | |
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| 16. Course requirements and grading  **Attendance:** Obtain a rating: attend at least 75% of the lessons, and participate actively on at least 50% of the lessons. Failure to comply with the terms will result in the signature being denied.  Theory: Completion of Written Examination (ZH) from semester material. Writing ZH thesis on the lesson of the week 10, in the curriculum and the way published by the instructor at the beginning of the semester. ZH evaluation is done with 5 grades. Submission of match visits and training visits until the end of the term of study.   * An adult NBI. - a live match and a record of the game: - description of an attack tactic or defensive tactic against an upsurge defended by one of the selected teams (general description and 1-1 tactical maneuvers, drawing). The minutes include the venue, the date of the match, the names of the teams, the half-time and the result. * An adult NBI. - to see the workout of a team live and report on it. The minutes include: the training venue, the date, the team name, number of staff, the time of the training sessions and exercises, and the professional presentation of the exercises by drawing a drawing.   The match visits and training visits must be verified by signing the coach after the match.  **Practice**: Practical demonstration of the required technical elements. Examination exercises are presented in the lessons of the 7th and 13th week, in the curriculum and in the manner published by the instructor at the beginning of the semester. Practical requirements are met by presentation. Each task can be displayed 3 times by the student, the best experiment is counted. The presentation material:   * Shunting - Directional deflection in relation to rear deflection against two passive defenders, with the steer-crossing player striking a shot. * Group Quick Start from 1st and 2nd guard positions, injump goal with shot. * Center forward - control of the rear derailment by the controller in the connection between the 2 and 3 defenders, with a change of area. * Protection against rapid start of rapid startup from 1 and 2 protection positions, to prevent direct rapid launch by fishing.   Theoretical and practical assignments are evaluated with 5 grades, the final grade being the average of the subclasses’ requirements and grading | | | | | |
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| 17. List of readings   1. Zoltán MARCZINKA (2015): Playing Handball, Trio, Budapest 2. Rules of Handball (from inf.info site) | | | | | |
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| 18. Recommended texts, further readings   1. An electronic textbook is available from the lecturer. | | | | | |
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| **Date** | 13 April, 2017 | **Prepared by** |  | | |
| Robert PAIC  responsible teacher | | |
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| **Endorsed by** | | |  | | |
| Dr. Márk VÁCZI program supervisor | | |